Steps to Create a Portal Account

- Go to your e-mail inbox and find the FollowMyHealth email. Open the “Click here” link in the e-mail. A new page will pop up instructing you to set up your online patient portal account.
- Click Create an Account and select the account login method (FMH)
- Create a username, such as your first and last name, or something easy to remember.
- Create a password you will remember which must be at least 8 characters, including a number and a special character (!@#$&*), i.e., Sandy123#
- Confirm your password and email address.
- After successfully creating an account, log into the patient portal prompted at the next page.
- Follow instructions to complete the set up. When prompted for your invite code, enter your four-digit year of birth.

Helpful Info

- After you have created your account, you can access the portal anytime by going to followmyhealth.com and clicking login.

Once your account is created, be sure to store your username and password in a secure place; passwords can be reset if lost or forgotten, usernames are not stored and cannot be retrieved or reset.

Need help or assistance? Call us at 907-567-3970